SPEC SHEET

gourmet BOUTIQUE



MASHED SWEET POTATOES

Homestyle mashed sweet potatoes sweetened with a hint of maple syrup and butter.

- Great side dish to your favorite entrée
- Serve with Gourmet Boutique's Grilled Chicken or Chicken Cutlet
- Display on a large flat platter in service deli case
- Prepackaged in the Grab 'N Go Section

HEATING INSTRUCTIONS

MICROWAVE OVEN: 2-3 minutes or until hot
(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

OVEN: Place sweet potatoes in an oven able dish and cover. Heat in a 350 F for 15 - 20 minutes or until hot.
(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

INGREDIENTS

Sweet Potatoes, Maple Flavored Syrup (Corn Syrup, High Fructose Corn Syrup, Liquid Sugar [Natural Sugar, Water], Water, Salt, Natural and Artifical Maple Flavor, Natural and Artificial Flavors [Latic Acid], Sodium Hexametaphosphate, Cellulose Gum, Preservatives [Sodium Benzoate, Sorbic Acid], Caramel Color, Phosphoric Acid, Mono and Diglycerides), Soybean Oil, Dried Cranberries (Cranberries, Sugar, Citric Acid, Sunflower Oil, Elderflower Juice Concentrate), Oranges, Butter Seasoning (Modified Corn Starch, Salt, Whey Solids, Non-Fat Dry Milk, Dehydrated Butter, Natural Butter Flavor, Sugar, Xanthan Gum,Turmeric and Annatto [For Color]), Soy Lecithin.

Contains Milk, Soy.

Nutrition Facts

24 servings per container
Serving size **1 cup(113g)**

Amount per serving
Calories **200**

	% Daily Value*
Total Fat 9g	**11%**
Saturated Fat 1.5g	**7%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 85mg	**4%**
Total Carbohydrate 30g	**11%**
Dietary Fiber 3g	**11%**
Total Sugars 12g	
Includes 5g Added Sugars	**10%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 1mg	4%
Potassium 411mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

FROZEN- ARIZONA & NEW YORK - 2/6 LB

UPC #: **7-06129-07052-7**
PACK SIZE: **2/6 LB**
BOX L/W/H: **12.75" x 10.13" x 6.75"**
CUBE: **0.50**
TI/HI: **14x10**
GR WEIGHT: **12.70 lb**
SHELF LIFE: **Min of 90 days / 7 Days from slack**
NET WT: **12 lb**

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FROZEN- NEW YORK - 3/3

UPC #: **7-06129-07053-4**
PACK SIZE: **3/3 LB**
BOX L/W/H: **12.75" x 10.13" x 6.75"**
CUBE: **0.50**
TI/HI: **14x10**
GR WEIGHT: **9.70 lb**
SHELF LIFE: **Min of 90 days / 7 Days from slack**
NET WT: **9 lb**

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